

Proclamation



WHEREAS,

Mental health conditions are real & prevalent in our communities and throughout our nation, leading many people to face challenges in life that can impact their mental health; and



WHEREAS,

mental health is essential to overall health & well-being, and prevention is an effective way to reduce the burden of mental health conditions; and



WHEREAS,

1 in 5 people will experience a mental illness during their lifetime and there are practical tools that all people can use to improve their mental health & increase resiliency; and



WHEREAS,

this year's theme, *Where to Start: Mental Health in a Changing World*, is focused on learning how modern life affects mental health with new resources to navigate our changing world, building a coping toolbox to manage stress, difficult emotions, and challenging situations, and advocating to improve mental health for yourself, friends, family, and community; and



WHEREAS,

recovery is a unique and personal journey that requires trial and error to determine what works best for each individual, and all organizations and individuals in a community shares the burden of mental health problems and has a responsibility to promote mental wellness and prevention efforts;



NOW, THEREFORE, BE IT RESOLVED, That the Fulton County Board of Commissioners calls upon the citizens, governmental entities, public and private institutions, businesses, and schools in Fulton County to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need to provide appropriate and accessible services for all people with mental health conditions, and does hereby proclaim the month of May 2024 as "**MENTAL HEALTH AWARENESS MONTH**" in Fulton County, Georgia.



Fulton County Board of Commissioners

Chair to the Commission

Vice Chair

Attest:

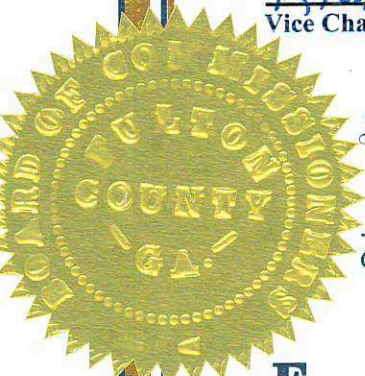
Clerk to the Commission

Commissioner

Commissioner

Commissioner

Commissioner



F U L T O N C O U N T Y