

WHEREAS,



Each year, the Fulton County Board of Health joins medical professionals nationwide in recognizing October as *Let's Talk Month*, a time to encourage parents and caregivers to engage in open and honest conversations with their children about important topics such as sexuality and healthy relationships; and



WHEREAS,

these conversations address important issues including body image, mental health, boundaries and the prevention of pregnancy and sexually transmitted infections; and



WHEREAS,

the Fulton County Board of Health recognizes that while "the talk" with teens about sex may be difficult, it is critically important. Beginning conversations early, having them often, and continuing them over time can make a greater impact than a single discussion; and



WHEREAS,

studies have found that when parents provide accurate information and engage in open and honest discussions with their teens about relationships, they promote healthier outcomes and reduce the likelihood of risky behaviors; and



WHEREAS,

Fulton County Board of Health, through its adolescent health programs -- Skills, Knowledge, and Youth Empowerment (SKYE) Program, and Adolescent Health and Youth Development (AHYD) Program -- provides evidence-based sexual health education to adolescents, along with tips and tools to support parents and caregivers in having these essential conversations;



**NOW, THEREFORE, BE IT RESOLVED**, That the Fulton County Board of Commissioners hereby commends the Fulton County Board of Health for its commitment to supporting parents and teens in having meaningful and impactful conversations to improve overall health and well-being for adolescents and does hereby proclaim October 2025 as "<u>LET'S TALK MONTH</u>" in Fulton County, Georgia.



**Fulton County Board of Commissioners** 

Chair to the Commission

Attest:

Vice Chair

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Commissioner

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Commissioner

Commissioner

Clerk to the Commission

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