WHEREAS,

Mary D'Souza Sequeira is truly a trailblazer in women's sports, leaving an enduring legacy across multiple disciplines; she defied odds during a time when sports where a luxury for men, and went on to become the first female Olympian to win medals for the Indian subcontinent; and



WHEREAS,

Mary's journey to the Olympics was far from easy, and as a teenager, she broke rules and all things considered taboo by jumping over a school wall to run around the unprepared grounds, barefooted; if caught, she would've been disgraced in public and her family, irreversibly shamed; and



WHEREAS,

Mary's competed with boys and her speed was noticed, which led to her playing field hockey; she quickly gained national prominence and was selected to represent India in multiple sports; and



WHEREAS, India did not have funds for a women's squad in the Asia Games, so her neighbors and city officials started a drive to support her entry into the games, which led to the Indian Government's implementing a women's contingent into the Asia games squad; and



WHEREAS,

Mary won a Silver Medal (4X100M Relay) and Bronze Medal(200M) in Track and Field, and earned a spot in the Helsinki Olympics squad of 1952 where she represented India in multiple sports; in the 1954 Manilla Asian Games, she set records in 100M and 200M events, and represented India in field hockey at the 1956 World Cup (Australia); and



WHEREAS, Mary garnered several apex honors for Women's Hockey in 2013, and the Sportstar Lifetime Achievement Award in 2025; she went into mentoring and promoting women athletes for the next 20 years, and many went on to play at women's athletic forums and high profile sporting events;



NOW, THEREFORE, BE IT RESOLVED, That the Fulton County Board of Commissioners recognizes Mary D'Souza Sequeira for her many contributions to women's sports in India, and does hereby proclaim Sunday, March 9, 2025, as "MARY D'SOUZA SEQUEIRA APPRECIATION DAY" in Fulton County, Georgia.

Fu	lton	County	Board	of	Commis	sioners
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Attest:

Commissioner

Clerk to the Commission