WHEREAS,

Mental health conditions are real & prevalent in our communities and throughout our nation, leading many people to face challenges in life that can impact their mental health, and

WHEREAS,

mental health is essential to overall health & well-being, and prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS,

1 in 5 people will experience a mental illness during their lifetime and there are practical tools that all people can use to improve their mental health & increase resiliency; and

WHEREAS,

this year's theme, "Turn Awareness into Action", is focused on celebrating the progress already made in recognizing the importance of mental health - and challenges us to turn understanding into meaningful steps toward change. We will help

Fulton County residents to achieve these goals; and

WHEREAS,

recovery is a unique and personal journey that requires trial and error to determine what works best for each individual, and all organizations and individuals in a community shares the burden of mental health problems and has a responsibility to promote mental

wellness & prevention efforts;



NOW, THEREFORE, BE IT RESOLVED, That the Fulton County Board of Commissioners calls upon the citizens, governmental entities, public and private institutions, businesses, and schools in Fulton County to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need to provide appropriate and accessible services for all people with mental health conditions, and does hereby proclaim the month of May 2025, as "MENTAL HEALTH AWARENESS MONTH" in Fulton County, Georgia.



Fulton County Board of Commissioners

Sponsoring Commissioner

Chairman

Vice Chair

Commissioner

Commissioner

CommissiAner

Commissioner

Clerk to the Commission

Attest: