

Proclamation



WHEREAS, The Cascade Nature Gurlz were founded on April 15, 2020 when two friends and long time neighbors decided to visit the Cascade Springs Nature Preserve for the first time during the early days of the COVID-19 lockdown; and



WHEREAS, the beautiful scenery and the flowing water of the springs led the friends to invite other neighbors and friends to experience the beauty and tranquility of the Nature Preserve, and the very next day and the days that followed, more and more ladies joined the excursion; and



WHEREAS, the group has now grown to more than 50 ladies between the ages of 60 and 85 years of age and they have affectionately named their group The Nature Gurlz; and



WHEREAS, many of the ladies have suffered from anxiety, depression, and other related issues due to isolation and the pandemic, and have since discovered that walking outdoors in nature helped them physically, mentally, and spiritually; and



WHEREAS, The Nature Gurlz have hosted candidates for public office for forums and interviews, and the group has voted together; they have also been instrumental in getting improvements to the Nature Preserve, including the installation of security cameras, repair of bridges, and the restoration of an existing gathering area, as well as an additional new seating and gathering area;



NOW, THEREFORE, BE IT RESOLVED, That the Fulton County Board of Commissioners, in commemoration of Women's History Month, recognizes the Cascade Nature Gurlz for their innovative spirits and for the dedication to the improvement and beautification of their community, and does hereby proclaim Wednesday, March 2, 2022 as "**CASCADE NATURE GURLZ APPRECIATION DAY**" in Fulton County, Georgia.



Fulton County Board of Commissioners

Sponsoring Commissioner

Chair to the Commission

Commissioner

Attest:

Commissioner

Clerk to the Commission

F U L T O N C O U N T Y