

Proclamation



WHEREAS,

Mental health conditions are real & prevalent in our communities and throughout our nation, leading many people to face challenges in life that can impact their mental health, and



WHEREAS,

mental health is essential to overall health & well-being, and prevention is an effective way to reduce the burden of mental health conditions; and



WHEREAS,

1 in 5 people will experience a mental illness during their lifetime and there are practical tools that all people can use to improve their mental health & increase resiliency; and



WHEREAS,

this year's theme, "Look Around, Look Within", is focused on how surroundings impact mental health and specifically addresses the importance of safe and stable housing, healthy home environments, neighborhoods and towns, and the outdoors and nature; we will help people understand how these areas impact their mental health, offer recommendations that people can take to improve their surroundings, and offer suggestions for coping if change isn't realistic; and



WHEREAS,

recovery is a unique and personal journey that requires trial and error to determine what works best for each individual, and all organizations and individuals in a community shares the burden of mental health problems and has a responsibility to promote mental wellness & prevention efforts;



NOW, THEREFORE, BE IT RESOLVED, That the Fulton County Board of Commissioners calls upon the citizens, governmental entities, public and private institutions, businesses, and schools in Fulton County to commit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need to provide appropriate and accessible services for all people with mental health conditions, and does hereby proclaim the month of May 2023 as "**MENTAL HEALTH MONTH**" in Fulton County, Georgia.



Fulton County Board of Commissioners

Co-Sponsor

Chairman

Co-Sponsor

Vice Chair

Commissioner

Attest:

Commissioner

Clerk to the Commission

Commissioner

F U L T O N C O U N T Y